

General Schedule

MONDAY	
10:00AM	STAFF MEETING (MANDATORY)
11:00AM	REGISTRATION
1:00	ORIENTATION/ INTRODUCTION OF STAFF
1:30	HEAD TO FIELDS
2:00 - 4:00	SESSION I
	- TALK: "GOALIE STRONG: Lead by Example"
	- TALK: Form, Stance, ARC, Proper Warm Up (INTERACTIVE)
	- TALK: Follow / Commit / Contact (FCC)
	- CAGE: Practice
4:00	1 ON 1 INSTRUCTION / BACK TO DORMS
5:00	DINNER
6:15	ROLL CALL AND HEAD BACK TO FIELDS
6:30 - 8:00	GOALIE GAMES
	- Introduction of Teams
	- GOALIE GAMES 1 & 2
8:00	END OF SESSION II BACK TO DORMS
8:30	STAFF PRESENTATION: STICK STRINGING SESSION
11:00	LIGHTS OUT
THECDAY	
TUESDAY	WAVE-UD / RDEAVEACT
7:00	WAKE-UP / BREAKFAST
7:00 8:00	ROLL CALL
7:00 8:00 8:15	ROLL CALL HEAD TO FIELDS
7:00 8:00 8:15 8:30	ROLL CALL HEAD TO FIELDS MORNING TALK: RESILIENT: Overcoming Adversity!!
7:00 8:00 8:15 8:30 9:00-11:00	ROLL CALL HEAD TO FIELDS MORNING TALK: RESILIENT: Overcoming Adversity!! SESSION II: Technical Stations
7:00 8:00 8:15 8:30 9:00-11:00	ROLL CALL HEAD TO FIELDS MORNING TALK: RESILIENT: Overcoming Adversity!! SESSION II: Technical Stations 1 ON 1 INSTRUCTION / BACK TO DORMS
7:00 8:00 8:15 8:30 9:00-11:00 11:00 12:00	ROLL CALL HEAD TO FIELDS MORNING TALK: RESILIENT: Overcoming Adversity!! SESSION II: Technical Stations 1 ON 1 INSTRUCTION / BACK TO DORMS LUNCH
7:00 8:00 8:15 8:30 9:00-11:00 11:00 12:00 1:15	ROLL CALL HEAD TO FIELDS MORNING TALK: RESILIENT: Overcoming Adversity!! SESSION II: Technical Stations 1 ON 1 INSTRUCTION / BACK TO DORMS LUNCH MEET FOR ROLL CALL AND HEAD TO FIELDS
7:00 8:00 8:15 8:30 9:00-11:00 11:00 12:00	ROLL CALL HEAD TO FIELDS MORNING TALK: RESILIENT: Overcoming Adversity!! SESSION II: Technical Stations 1 ON 1 INSTRUCTION / BACK TO DORMS LUNCH MEET FOR ROLL CALL AND HEAD TO FIELDS SESSION III: Tactical Stations
7:00 8:00 8:15 8:30 9:00-11:00 11:00 12:00 1:15 1:30 - 3:30	ROLL CALL HEAD TO FIELDS MORNING TALK: RESILIENT: Overcoming Adversity!! SESSION II: Technical Stations 1 ON 1 INSTRUCTION / BACK TO DORMS LUNCH MEET FOR ROLL CALL AND HEAD TO FIELDS SESSION III: Tactical Stations AFTERNOON TALK: INSIDE SHOOTING & TRANSITION
7:00 8:00 8:15 8:30 9:00-11:00 11:00 12:00 1:15 1:30 - 3:30	ROLL CALL HEAD TO FIELDS MORNING TALK: RESILIENT: Overcoming Adversity!! SESSION II: Technical Stations 1 ON 1 INSTRUCTION / BACK TO DORMS LUNCH MEET FOR ROLL CALL AND HEAD TO FIELDS SESSION III: Tactical Stations
7:00 8:00 8:15 8:30 9:00-11:00 11:00 12:00 1:15 1:30 - 3:30	ROLL CALL HEAD TO FIELDS MORNING TALK: RESILIENT: Overcoming Adversity!! SESSION II: Technical Stations 1 ON 1 INSTRUCTION / BACK TO DORMS LUNCH MEET FOR ROLL CALL AND HEAD TO FIELDS SESSION III: Tactical Stations AFTERNOON TALK: INSIDE SHOOTING & TRANSITION 1 ON 1 INSTRUCTION / BACK TO DORMS / FREE TIME
7:00 8:00 8:15 8:30 9:00-11:00 11:00 12:00 1:15 1:30 - 3:30 3:30 5:00	ROLL CALL HEAD TO FIELDS MORNING TALK: RESILIENT: Overcoming Adversity!! SESSION II: Technical Stations 1 ON 1 INSTRUCTION / BACK TO DORMS LUNCH MEET FOR ROLL CALL AND HEAD TO FIELDS SESSION III: Tactical Stations AFTERNOON TALK: INSIDE SHOOTING & TRANSITION 1 ON 1 INSTRUCTION / BACK TO DORMS / FREE TIME DINNER
7:00 8:00 8:15 8:30 9:00-11:00 11:00 12:00 1:15 1:30 - 3:30 5:00 6:15	ROLL CALL HEAD TO FIELDS MORNING TALK: RESILIENT: Overcoming Adversity!! SESSION II: Technical Stations 1 ON 1 INSTRUCTION / BACK TO DORMS LUNCH MEET FOR ROLL CALL AND HEAD TO FIELDS SESSION III: Tactical Stations AFTERNOON TALK: INSIDE SHOOTING & TRANSITION 1 ON 1 INSTRUCTION / BACK TO DORMS / FREE TIME DINNER ROLL CALL AND BACK TO FIELDS
7:00 8:00 8:15 8:30 9:00-11:00 11:00 12:00 1:15 1:30 - 3:30 3:30 5:00 6:15 6:30	ROLL CALL HEAD TO FIELDS MORNING TALK: RESILIENT: Overcoming Adversity!! SESSION II: Technical Stations 1 ON 1 INSTRUCTION / BACK TO DORMS LUNCH MEET FOR ROLL CALL AND HEAD TO FIELDS SESSION III: Tactical Stations AFTERNOON TALK: INSIDE SHOOTING & TRANSITION 1 ON 1 INSTRUCTION / BACK TO DORMS / FREE TIME DINNER ROLL CALL AND BACK TO FIELDS SESSION V - GOALIE GAMES
7:00 8:00 8:15 8:30 9:00-11:00 11:00 12:00 1:15 1:30 - 3:30 3:30 5:00 6:15 6:30 7:15	ROLL CALL HEAD TO FIELDS MORNING TALK: RESILIENT: Overcoming Adversity!! SESSION II: Technical Stations 1 ON 1 INSTRUCTION / BACK TO DORMS LUNCH MEET FOR ROLL CALL AND HEAD TO FIELDS SESSION III: Tactical Stations AFTERNOON TALK: INSIDE SHOOTING & TRANSITION 1 ON 1 INSTRUCTION / BACK TO DORMS / FREE TIME DINNER ROLL CALL AND BACK TO FIELDS SESSION V - GOALIE GAMES GOALIES MATTER

WEDNESDAY	
7:00	WAKE-UP / BREAKFAST
8:00	ROLL CALL
8:15	HEAD TO FIELDS
8:30	MORNING TALK: CHARACTER: Standing Out Among the Rest: Just Be You!!
9:00-11:00	SESSION IV: Clearing Stations & Goalie Evaluations
11:00	1 ON 1 INSTRUCTION / BACK TO DORMS
12:00	LUNCH
1:15	MEET FOR ROLL CALL AND HEAD TO FIELDS
1:30 - 3:30	SESSION V: Hand Eye Stations
	AFTERNOON TALK: Self-Discipline
3:30	1 ON 1 INSTRUCTION / BACK TO DORMS / FREE TIME
5:00	DINNER
6:15	ROLL CALL AND BACK TO FIELDS
6:30	SESSION VIII – CAMP/STAFF GOALIE GAME
8:00	END GAMES AND HEAD BACK TO DORMS
8:30	STAFF PRESENTATION: RECRUITING ROUNDTABLE & TRAVEL TEAM
	ADVICE
11:00	LIGHTS OUT

THURSDAY

7:00	WAKE-UP / BREAKFAST
8:00	ROLL CALL
8:15	HEAD TO FIELDS
8:30	MORNING TALK: COMMUNICATION & GOALIE RULES
9:15	WARM UP DEMO
9:45-10:30	SESSION IX - GOALIE GAMES: Consolation & Championship
10:30	CAMP WRAP UP & MOVE OUT INSTRUCTIONS
11:00	BACK TO DORMS & MOVE OUT